

## Full Program Decided for Tokyo Rainbow Pride 2026, Asia's Largest Pride Event

Tokyo, Japan – February 26, 2026, NPO Tokyo Rainbow Pride (Location: Minato, Tokyo; Co-Chairs Natsumi Yamada & Yuko Sato; hereafter TRP) is proud to announce that the schedule and venues for the full program at Tokyo Pride 2026 have been finalized. TRP will be hosting multiple events throughout June.



In 2025, the event formerly known as “Tokyo Rainbow Pride” was renamed “Tokyo Pride” and its programming was significantly revamped, expanding beyond the two-day Pride Parade and Pride Festival in Yoyogi Park to include four additional distinct events.

This multifaceted approach will continue in 2026, with the aim to further consolidate Pride’s presence within society. TRP is announcing the full details of Tokyo Pride 2026, including the Pride Festival’s hosts and the Queer Art Exhibition, to be held at Queer Space Tokyo, TRP’s permanent facility opened in January.

Additionally, as of today, the official Tokyo Pride website has been revamped, along with the release of the main visual that accompanies this year’s theme, “Equal rights today. A freer, fairer tomorrow.”

## Tokyo Pride 2026's Theme: "Equal rights today. A freer, fairer tomorrow."

Diversity and equality form the foundations of a society in which everyone has the right to life, liberty, and the pursuit of happiness. We will press onward to the realization of marriage equality as a major push toward true equality in which everyone's dignity and right to live freely are defended. Tokyo Pride 2026's theme was adopted in this spirit. We will map out a future where all can live authentically, in which the diversity that has always existed around us is respected, starting here in Tokyo.

## Tokyo Pride 2026's Concept: Embed Further into Society through Multifaceted Initiatives

Last year, Tokyo Pride's format was significantly revamped in order to more clearly convey its message to society as a whole. In 2026, Tokyo Pride will continue the momentum from last year, delivering its message consistently across all programs while staying true to its core principles.

In addition to the electric energy of the Pride Parade & Festival, the lineup also includes Youth Pride, where the next generation of LGBTQ+ youths take center stage; Pride Night, where community spirit is on full display in Shinjuku Ni-chome; and an art exhibition and a conference to support deep learning opportunities. With these programs available, each attendee is free to discover and participate in their bespoke version of Pride. This multifaceted approach is set to fully take shape: from the excitement at Yoyogi Park and the city beyond, to the day-to-day connections formed at TRP's permanent facility, Tokyo Pride is taking the next step toward the future.

## Tokyo Pride 2026: Full Program Overview

In 2026, the following programs will color the streets of Tokyo.



## ① Pride Parade & Festival

- **Date:**
  - Pride Festival: June 6th (Saturday), June 7th (Sunday), 2026 11:00 AM – 6:00 PM
  - Pride Parade: June 7th (Sunday), 2026, starting at 12:00 PM (tentative)
- **Location:** Yoyogi Park Event Plaza & Outdoor Stage (Parade route: Shibuya – Harajuku)
- **Stage Host:** (Details to be announced separately today)  
**Day 1:** Thelma Aoyama & Durian Lollobrigida  
**Day 2:** Miyu Nakagawa & Baby Vaggy
- **Contents:** Pride Parade & Festival is a celebration of diversity, featuring exhibitions at corporate and organization booths, and stage performances. The Pride Festival, which advocates for equal rights and dignity, is to be held on June 7th (Sunday).



## ② Pride Night

- **Date:** June 7th (Sunday), 2026, starting at 6:00 PM (varies by venue)
- **Location:** AiSOTOPE LOUNGE; ArcH (both in Shinjuku Ni-chome)
- **Contents:** A time of celebration as Japan's quintessential queer town, Shinjuku Ni-chome, is bathed in the colors of Pride. Pride Night is a nightlife event where attendees can bask in the afterglow of the parade, feeling the community's energy through music and performances.



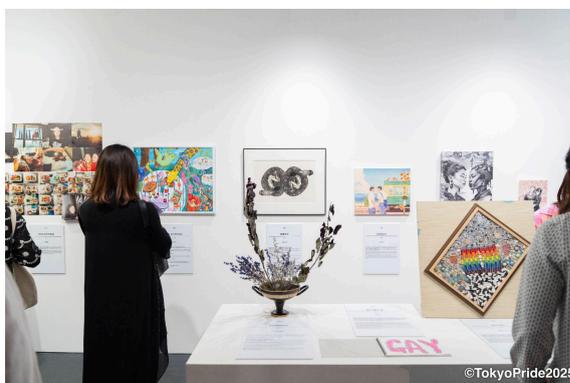
### ③ Youth Pride

- **Date:** June 13th (Saturday), June 14th (Sunday), 2026 10:00 AM – 6:00 PM
- **Location:** WITH HARAJUKU HALL, Shibuya, Tokyo
- **Contents:** This year's Youth Pride, which shines the spotlight on the next generation—those in their teens and twenties—centers around the concept of “One Friend, One Love, One Future.” With the main theme of “connection,” this event provides a fun, vibrant space for attendees to meet that one special friend or partner who shines as a guiding light in life.



### ④ Queer Art Exhibition

- **Date:** June 3rd (Wednesday) – June 28th (Sunday), 2026
  - Closed on Mondays and Tuesdays
  - The venue may temporarily close due to other programs. For detailed opening hours and the latest schedule, please check the Queer Art Exhibition page on this website.
- **Location:** Queer Space Tokyo, Minato, Tokyo
- **Contents:** Held at TRP's new facility, which opened in January, this exhibition explores LGBTQ+ realities and identities through art and photography.



### ⑤ Human Rights Conference

- **Date:** June 20th (Saturday), 2026, 1:00 PM – 5:00 PM (Subject to change)
- **Location:** Ochanomizu University, Bunkyo, Tokyo
- **Contents:** The Human Rights Conference is a forum where people from a wide variety of backgrounds, such as LGBTQ+ individuals, experts, and activists, come together to learn and reflect about human rights issues. This conference is a space to deepen dialogue through sharing and resolving each other's challenges, with the aim to create a society in which everyone can live as their authentic selves.



## Connecting the Celebration to the Everyday

By using Queer Space Tokyo, TRP's permanent facility, which opened in January 2026, as the venue for the Queer Art Exhibition, TRP aims to substantiate its message that there is a place to connect in everyday life, not only during events. Combining the massive festival at Yoyogi Park with the close-knit community-building fostered at TRP's hub presents a multifaceted Pride that endures throughout the entire year.

## Message from the Co-Chairs

“Last year, we made a fresh start as Tokyo Pride. This year, by announcing all programs simultaneously, we offer a space where all attendees can choose their own Pride—from the vibrant Pride Parade showing the solidarity of our community, to events that spotlight youth, queer culture, art, and academic dialogue. Together with the Pride Festival stage hosts we announced today, and the performers and speakers we'll be announcing in the coming days, we take a step forward in integrating Pride further into society.”—Natsumi Yamada, Yuko Sato